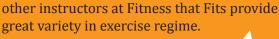
Want to know how I did it?

I wanted to lose 8 inches total and I lost 8 inches in 4 weeks! I wanted to lose 2-3 inches off my waist and 2 inches off my hips. I lost 3 inches off my waist and 2 inches off my hips...in only 4 weeks!

The Transforming U Boot Camp got me back on track and made me feel more energetic and more confident than before my first child was born 4 years ago.



I feel stronger, leaner, and happier with myself. Nadia is a great motivator and the



Thank you!

Silvia Mancini



Spring Fever Boot Camp (Starts April 16)
Bikini Ready Boot Camp (Starts May 23)



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